

## GETTING THERE

### TRAIN

A shuttle service from the **Blois** and **Onzain** train stations is offered. More information will be provided upon registration.

**SHUTTLE BUS IS FREE**, think green!

### CAR

Take the motorway to Blois, then cross the Loire bridge and follow the directions for Montrichard.

At Candé-sur-Beuvron, cross the bridge, following the signs for Chaumont-sur-Loire.

After 200 meters, at the bend, bear left.

Continue for 300 meters, and at the top of the hill, a sign will indicate La Gendronnière on the left.

215 km from Paris, 15 km from Blois,

1 km from Candé-sur-Beuvron.

**GPS coordinates: lat. 47,479392, long. 1,256427**

Temple de La Gendronnière, 41120 Valaire, France

Tél. +33 (0)2 54 44 04 86 | [lagendronniere@zen-azi.org](mailto:lagendronniere@zen-azi.org)

[www.zen-azi.org](http://www.zen-azi.org)

Facebook Temple zen de La Gendronnière

Instagram @lagendro.zen

YouTube Association Zen Internationale



ASSOCIATION ZEN  
INTERNATIONALE  
FONDATEUR MAÎTRE TAISEN DESHIMARU



ÉCOLE ZEN SOTO



Gendronnière Zen Temple

2023  
Summer sessions

June 27<sup>th</sup> – August 29<sup>th</sup>, 2023

— 6 nine-day sessions in July

— 1 Broader Sangha session  
at the beginning of August

— Long retreats



ASSOCIATION ZEN  
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# Daily zen practice during a summer retreat

Summertime is an ideal time for a spiritual retreat. Leaving your daily routine behind to come and meditate in a Buddhist temple can allow you to see the world from a fresh perspective.

## The Gendronnière Temple

The temple was founded in 1979 by Japanese Zen Master Taisen Deshimaru. Since then, the summer retreat tradition has continued, and practitioners from around the world congregate. The buildings (castle, big and small dojos, etc.) are located in the heart of an old forest with a beautiful pond. The vegetable garden is now managed on the principles of permaculture, and meals are organic.

## A typical day

A day in a Zen monastery revolves around zazen, sitting meditation. Zazen is Buddha's practice, through which he realized awakening 2 600 years ago. Every day, there are 3 or 4 zazen sessions, depending on the period. Zen meditation is done sitting on a zafu

(meditation cushion); chairs are also available if needed. A typical day also includes teachings, ceremonies, meals taken in silence and samu (community service). Time is also set aside for relaxation and socialising.

## Beginners

This summer, a choice of retreats will be offered, as described herein. Throughout the retreats, beginners will receive special attention, with plenty of explanations, workshops and individual guidance.

## Accommodation

A range of options are available, to suit every budget. Regardless of the type of accommodation you choose, we strive to offer comfortable lodging.

## SUMMER RETREATS PROGRAM

### June

M	T	W	T	F	S	S
19	20	21	22	23	24	25
26	27	28	29	30		

### July

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### August

M	T	W	T	F	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### 1<sup>st</sup> SESSION

June 27<sup>th</sup>/July 5<sup>th</sup>  
with **Blanche Renmyo Heugel**  
and **Stéphane Jumoku Hirschberger**

### 2<sup>nd</sup> SESSION

July 8<sup>th</sup>/16<sup>th</sup>  
with **Alain Tainen Liebmann**

### 3<sup>rd</sup> SESSION

July 19<sup>th</sup>/27<sup>th</sup>  
with **Simone Jiko Wolf**

### 4<sup>th</sup> SESSION

July 30<sup>th</sup>/August 7<sup>th</sup>  
**Broader Sangha Retreat**  
with different AZI teachers  
who have received Dharma  
transmission. Everyday a different  
teacher:  
**Begoña Kaidô Agiriano,**  
**Konrad Tenkan Beck,**  
**Judith Taiku Morales,**  
**Konrad Kosan Maquestieau**

### 5<sup>th</sup> SESSION

August 10<sup>th</sup>/18<sup>th</sup>  
with **Roland Yuno Rech**

### 6<sup>th</sup> SESSION

August 21<sup>th</sup>/29<sup>th</sup>  
with **Gérard Chinrei Pilet**



# July

3 NINE-DAY SESSIONS

## 1<sup>st</sup> SESSION

### Retreat with Masters **Blanche Renmyo Heugel** and **Stéphane Jumoku Hirschberger**

Tuesday, June 27<sup>th</sup> to Wednesday, July 5<sup>th</sup> (arrival Monday, June 26<sup>th</sup> at 6 pm)

Blanche Renmyo Heugel began zazen at the Paris dojo in 1997 and followed Luc Boussard, a disciple of Master Deshimaru, for about ten years, in Paris and in Brittany. She was ordained a nun in 2004 by Master Alain Tainen Liebmann in the Aran Islands. In 2013, she joined the Sangha Sans Demeure and became a disciple of Master Philippe Reiryu Coupey. She is now responsible for the Avron dojo in Paris. She also works as a puppeteer. She will lead the first five days of this session.

Stéphane Jumoko Hirschberger has been practising zazen for about thirty years. Ordained as a bodhisattva and monk by Master Philippe Reiryu Coupey, of whom he became a close disciple, he received the transmission in 2021. He directs the Zen Dojo in Bordeaux and has been president of the Zen Without Dwelling Association since 2018. He will lead the three days of sesshin of this session.

- The retreat will be translated into English.

## 2<sup>nd</sup> SESSION

### Retreat with Master **Alain Tainen Liebmann**

Saturday, July 8<sup>th</sup> to Sunday, July 16<sup>th</sup> (arrival Friday, July 7<sup>th</sup> at 6 pm)

Alain Liebmann, the new abbot of the Gendronnière Temple, was born in Paris in 1945. He followed directly and intimately the teaching of Master Deshimaru at the Paris Dojo for more than 12 years, was ordained a bodhisattva in 1970, then a monk in 1976. After his master's death, he went to Ireland for 23 years and organized several summer camps in the Aran Islands (Inismor), in Connemara and inaugurated several dojos, notably those of Dublin and Galway. He received the transmission from Koshu Itabashi zenji.

- The retreat will be translated into English.

## 3<sup>rd</sup> SESSION

### Retreat with Master **Simone Jiko Wolf**

Wednesday, July 19<sup>th</sup> to Thursday, July 27<sup>th</sup> (arrival Tuesday, July 18<sup>th</sup> at 6 pm)

Simone Jiko Wolf started practicing Zen at the Paris Dojo. She was ordained a nun by Master Deshimaru. She received the transmission from Japanese Master Yuko Okamoto in 2004. In 1982, she founded the Zen Centre at La Chaux-de-Fonds and, in 2009, Kosetsu-ji Temple in Switzerland, where she lives and teaches. She is one of the presidents of the International Zen Association and former abbess of the Gendronnière Temple.

- The retreat will be translated into English.



LEFT TO RIGHT:  
←  
Blanche Renmyo Heugel,  
Stéphane Jumoku Hirschberger,  
Alain Tainen Liebmann,  
→  
Simone Jiko Wolf,  
Roland Yunno Rech,  
Gérard Chinrei Pilet.



# August

3 NINE-DAY SESSIONS,  
INCL. THE BROADER SANGHA SESSION  
WITH COLLEGIAL TEACHING

## 4<sup>th</sup> SESSION

### Broader Sangha Retreat

Collegial teaching by AZI European Zen teachers

Sunday, July 30<sup>th</sup> to Monday, August 7<sup>th</sup> (arrival Monday, July 29<sup>th</sup> at 6 pm)

The purpose of this session, under the guidance of several Zen teachers, is to bring together the various AZI sanghas and give them the opportunity to experience different ways of expressing the practice and the teachings. The Gendronnière Zen Temple's vocation is to enable those gatherings, which are unique in Europe. Everyday a different teacher:

**Begoña Kaidô Agiriano** began the practice of zazen in 1983. In 1990, she was ordained as a nun and in 2013 she received Dharma Transmission from her master Raphaël Dôkô Triet. She is responsible for the Zen dojo of Vitoria-Gasteiz in the Basque Country and participates actively in the Seikyujii Zen Temple Association. She is in charge of translations for the Spanish sangha.

**Konrad Tenkan Beck** started practicing Zen in 1980 with Master Deshimaru. He was head of the Freiburg Zen Dojo until 2009. He contributed to the building and development of Kosan Ryumonji Zen Monastery in Alsace. In 2011, he received the transmission from his teacher, Olivier Reigen Wang-Genh. He lives and practices in Nuremberg, Bavaria.

**Judith Taiku Morales** has been practicing zazen since 1989 as a disciple of Simone Jiko Wolf, who gave her the transmission in 2017. She lives at the Zen Centre of La Chaux-de-Fonds in Switzerland and is General Secretary of AZI.

**Konrad Kosan Maquestieau** has been practicing zazen since 1990. He received the monk's ordination in 1995 and the Dharma transmission in 2015 from his teacher, Roland Yuno Rech, abbot of Gyobutsuji Temple in Nice. He is head of the Shodo Dojo in Belgium.

- The retreat will be translated into English.



## 5<sup>th</sup> SESSION

### Retreat with Master Roland Yuno Rech

Thursday, Aug. 10<sup>th</sup> to Friday, Aug. 18<sup>th</sup> (arrival Wednesday, Aug. 7<sup>th</sup> at 6 pm)

Roland Yuno Rech was ordained a monk by Master Deshimaru in 1974 and received the Shiho (Dharma transmission) from Niwa Zenji in 1984.

He is abbot of Gyobutsuji Temple in Nice. He leads sesshins all over Europe and at the Gendronnière.

He has been abbot of the Gendronnière for three years.

- The retreat will be translated into English.

## 6<sup>th</sup> SESSION

### Retreat with Master Gérard Chinrei Pilet

Monday, Aug. 21<sup>th</sup> to Tuesday, Aug. 29<sup>th</sup> (arrival Sunday, Aug. 20<sup>th</sup> at 6 pm)

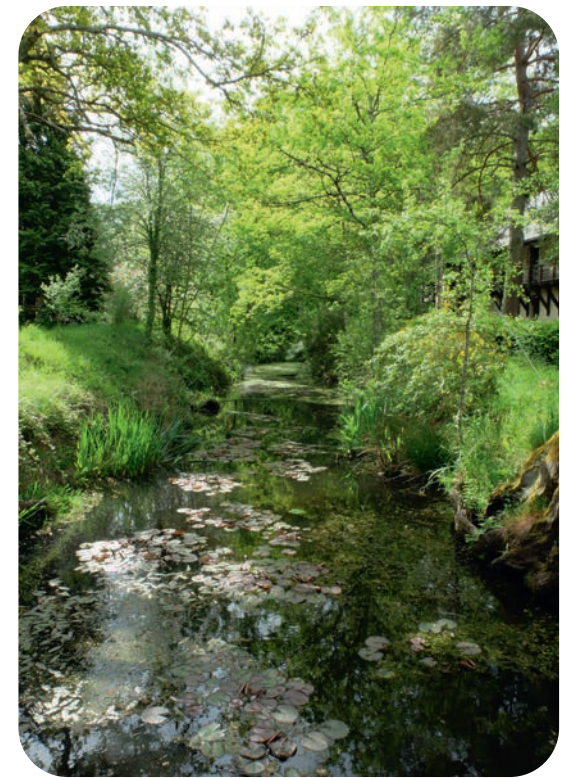
Gérard Chinrei Pilet has been practicing zazen since meeting Master Deshimaru in 1969. He settled in Paris in 1974 to practice with his teacher, who ordained him a monk in 1978.

After Master Deshimaru's death in 1982, he taught the Dharma at the Paris Dojo until 2010, when he moved to the Ardèche and founded the Annonay Zen Dojo, while continuing to lead practice sessions in France and Europe. He received the Dharma transmission from Yuko Okamoto Roshi.

- The retreat will be translated into English.

LEFT TO RIGHT ↓

The Broader Sangha Retreat teachers:  
Begoña Kaidô Agiriano, Konrad Tenkan Beck,  
Judith Taiku Morales, Konrad Kosan Maquestieau.



## WHAT TO BRING

### For meditation

Dark, loose and comfortable clothes (black, brown, navy blue) and a meditation cushion (zafu).

### For meals

Bowl, spoon, fork  
+ cloth (to wrap the bowl)  
+ smaller white cloth (to wipe the bowl),  
**or** oryoki set  
if you have one.

### Also:

Sheets, pillowcase.  
You can rent sheets on-site  
(10 €)

**Bring your personal  
water bottle.**

A shop is available on-site  
for your convenience.



# Five ways to participate

From June 27<sup>th</sup> to August 29<sup>th</sup>, 2023

- 3 nine-day sessions in July
- 1 Broader Sangha nine-day session at the end of July-beginning of August
- 2 nine-day sessions in August

	LENGTH OF STAY	YOUR PARTICIPATION	TO REGISTER:
1. One session	9 days	See price list	• Online: <a href="http://www.zen-azi.org">www.zen-azi.org</a>
2. Two or more sessions	28 days	• you benefit from a preferential rate with a 40% reduction compared to the rates shown in the table.	• Online: <a href="http://www.zen-azi.org">www.zen-azi.org</a>
3. Tight budget	1 session or more	If you have <b>financial difficulties</b> , after agreement with the godo in charge of the session, you can benefit from an additional reduction of 20%. This rate is only applicable for participation in a full session.	• Online: <a href="http://www.zen-azi.org">www.zen-azi.org</a>
4. Assistant (confirmed)	2 or 3 full and CONSECUTIVE sessions	Arrival the <b>day before your first session</b> . Departure <b>the day after your last session</b> . <b>You must be recommended by an AZI Zen Master</b> and have already participated in the Association's activities. You only pay for one session.	<b>Letter of application</b> send by email <b>MINIMUM 15 DAYS BEFORE YOUR STAY</b> , including the recommendation from your AZI referring teacher, to: <a href="mailto:lagendronniere@zen-azi.org">lagendronniere@zen-azi.org</a>
5. Summer Resident	June 24 <sup>th</sup> / Aug. 30 <sup>th</sup>	You will spend <b>the whole summer at the Gendronnière</b> . <b>You must be recommended by an AZI Zen Master</b> and have already participated in the Association's activities.	<b>Letter of application</b> send by <b>JUNE 10<sup>th</sup>, 2023</b> , including the recommendation from your AZI referring teacher, to: <a href="mailto:lagendronniere@zen-azi.org">lagendronniere@zen-azi.org</a>



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## PRACTICAL INFORMATION

The retreats will last 9 days.

Arrival the day before around 6 pm,  
departure the last day around 3 pm  
after tidying the temple.

There will be 3 meditation sessions per day  
during the first five days ("preparation").

It is followed by a rest day.

During the last three days (called "sesshin"),  
there will be 4 meditation sessions per day.

You can come for the preparation or  
the sesshin only: arrival the day before  
around 6 pm, departure the last day of  
the retreat around 3 pm after tidying  
the temple.

**Attention beginners!** Welcoming lecture  
at 7 pm. Please arrive early enough  
(around 6 pm) to attend.

### RATES AUGUST

	Sessions (9 days)	"Preparation" only (first 5 days)	Sesshin only (3 days)
Tent*	290 €	193 €	97 €
Dormitory	360 €	240 €	120 €
Room 4 to 5	482 €	321 €	161 €
Double room	602 €	401 €	201 €
Single room	770 €	513 €	257 €

\* Under 25: -20%

### IMPORTANT

- **Minors** need parental permission to participate.
- **2023 AZI membership mandatory:** 45 € (35 € tight budgets).
- **Pets** are not allowed.

### CHILDREN

0 - 3 years, free

4 - 8 years, 96 €

9 - 15 years, 193 €

Parents are fully responsible for  
their children.

### REGISTRATION

• Online:  
[www.zen-azi.org](http://www.zen-azi.org)

• Info:  
+33 (0)2 54 44 04 86