

LA GENDRONNIÈRE ZEN TEMPLE

AUGUST 2024 SESSIONS

JULY 30TH — AUGUST 30TH 2024

A nine-day Broader Sangha session

A nine-day session with Roland Yuno Rech

A nine-day session with Gérard Chinrei Pilet



ASSOCIATION ZEN
INTERNATIONALE
FONDATEUR MAÎTRE TAISEN DESHIMARU

Daily Zen practice during the August sessions

Summertime is an ideal time for a spiritual retreat. Leaving your daily routine behind to come and meditate in a Buddhist temple can allow you to see the world from a fresh perspective.

THE GENDRONNIÈRE TEMPLE

The temple was founded in 1979 by Japanese Zen Master Taisen Deshimaru. Since then, the summer retreat tradition has continued, and practitioners from around the world congregate. The buildings (castle, big and small dojos, etc.) are located in the heart of an old forest with a beautiful pond. The vegetable garden is now managed on the principles of permaculture, and meals are organic and vegetarian.

A TYPICAL DAY

A day in a Zen monastery revolves around zazen, sitting meditation. Zazen is the historical Buddha's practice, through which he realized Awakening 2 600 years ago. There are three or four daily zazen sessions, depending on the period. Zen meditation is done sitting on a zafu

(meditation cushion); chairs are also available if needed. A typical day also includes teachings, ceremonies, meals taken in silence and samu (community service). Time is also set aside for relaxation and socializing.

BEGINNERS' WELCOME

Throughout the month of August, each session offers a special welcome for beginner practitioners. Numerous explanations on the posture, dedicated workshops and exchange times will be offered.

ACCOMMODATION

There are various accommodation options depending on the price: in tents, in dormitories, in rooms with 4/5 people, in double or single rooms. Whatever your type of accommodation, we do our utmost to make it comfortable.



August sessions program

The Broader Sangha session:

From Wednesday July 31
to Thursday August 8
(arrival on Tuesday, July 30
at the end of day)

Session led by Roland Yuno Rech:

From Sunday, August 11
to Monday August 19
(arrival on Saturday, August 10
at the end of day)

Session led by Gérard Chinrei Pilet:

From Thursday, August 22
to Friday August 30
(arrival on Wednesday, August 21
at the end of day)

M	T	W	T	F	S	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



A nine-day Broader

With collegial teaching

BROADER SANGHA RETREAT

under the collegial teaching of AZI European Zen teachers and the abbot of the Gendronnière temple:

Guy Mokuho Mercier



Guy Mokuho Mercier began practicing Zen with Master Deshimaru in 1973 and became a monk in 1976. He has been actively involved in the development of the Gendronnière temple since 1979, and is its current abbot. In 2012, he and the members of his sangha founded the Lanau Zen Center in the Cantal region of France. He received the Dharma transmission from his master Sojun Matsuno Roshi.



Begoña Kaidô Agiriano began the practice of zazen in 1983. In 1990, she was ordained as a nun and in 2013 she received the Dharma Transmission from her master Raphaël Dôkô Triet. She is responsible for the Zen dojo of Vitoria-Gasteiz in the Basque Country and participates actively in the Seikyujî Zen Temple Association. She is in charge of translations in Spanish for the sangha.

Sangha session

From Wednesday, July 31
to Thursday, August 8.
Arrival on Tuesday, July 30 at 6 pm.

The principle of this collegially-run session encourages encounters between the various AZI sanghas, thus offering different expressions of teaching and practice. The Gendronnière Zen Temple fully embodies its vocation by facilitating these unique gatherings in Europe. Every day, a different teacher leads, allowing for a diversity of approaches.

The retreat will be translated into English.



Konrad Tenkan Beck started practicing Zen in 1980 with Master Deshimaru. In 2011, he received the transmission from his teacher, Olivier Reigen Wang-Genh. He was head of the Freiburg Zen Dojo until 2009. He contributed to the building and development of Taikosan Ryumonji Zen Monastery in Alsace. He lives and practices in Nuremberg, Bavaria.



Konrad Kosan Maquestieau has been practicing zazen since 1990. He received the monk's ordination in 1995 and the Dharma transmission in 2015 from his teacher, Roland Yuno Rech, abbot of Gyobutsuji Temple in Nice. He is head of the Shodo Dojo in Belgium.



Judith Taiku Morales has been practicing zazen since 1989. She follows Simone Jiko Wolf's teaching, who gave her the Dharma transmission in 2017. She lives at the Zen Centre of La Chaux-de-Fonds (Switzerland). She is General Secretary of AZI.

Two nine-day



Retreat with Master ROLAND YUNO RECH

Full retreat:

From Sunday, August 11 to Monday, August 19.

Arrival on Saturday, August 10 at 6pm.

- Preparation: first five days, from Sunday, August 11 to Thursday, August 15.
- Sesshin: from Saturday, August 17 to Monday, August 19 (arrival Friday, August 16, 6pm).

Roland Yuno Rech was ordained a monk by Master Deshimaru in 1974 and received the Shiho (Dharma transmission) from Niwa Zenji in 1984.

He is abbot of Gyobutsuji Temple in Nice. He leads sesshins all over Europe and at the Gendronnière where he was abbot for three years.

The retreat will be translated into English.



sessions



Retreat with Master GÉRARD CHINREI PILET

Full retreat:

From Thursday, August 22 to Friday August 30.

Arrival on Wednesday, August 21 at 6pm.

- Preparation: first five days, from Thursday, 22 to Monday August 26.
- Sesshin: Wednesday, August 28 to Friday, August 30 (arrival Tuesday, August 27 at 6pm).

Gérard Chinrei Pilet has been practicing zazen since meeting Master Deshimaru in 1969. He settled in Paris in 1974 to practice with his teacher, who ordained him a monk in 1978. After Master Deshimaru's death in 1982, he taught the Dharma at the Paris Dojo until 2010, when he moved to the Ardèche region and founded the Annonay Zen Dojo, while continuing to lead practice sessions in France and Europe. He received the Dharma transmission from Yuko Okamoto Roshi.

The retreat will be translated in English.



Practical information

In August, retreats last 9 days.

Arrival the day before at around 6 p.m., departure on the last day around 3 p.m. after the temple has been tidied.

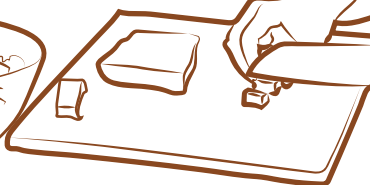
The «preparation» lasts for the first 5 days, with 3 meditation sessions per day. It is followed by a day of rest.

The last three days, called «sesshin», include 4 meditation sessions per day.

It is possible to come just for the preparation or the sesshin: arrival is the day before around 6 p.m., departure on the last day of the retreat around 3 p.m., after the temple has been tidied.

Please note! For beginners, you must arrive by 6 p.m. since there is a welcome conference at 7 p.m.

Please organize your arrival accordingly.



BROADER SESSION SANGHA

July 28/August 5
Broader sangha retreat
With **Guy Mokuho
Mercier**, Abbot of the
Gendronnière, **Begoña
Kaidô Agiriano**,
Konrad Tenkan Beck,
**Konrad Kosan
Maquestieau**,
Judith Taiku Morales

SESSION DIRECTED BY ROLAND YUNO RECH

August 8/august 16

SESSION DIRECTED BY GÉRARD CHINREI PILET

August 19/August 27



RATES	Retraite complète (9 jours)	ou préparation (6 jours)	ou sesshin (3 jours)	CHILDREN
Collective tent	€ 298	€ 198	€ 99	0 - 3 years: free 4 - 8 years: €99 9 - 15 years: €198
Dormitory	€ 372	€ 248	€ 124	Children are under the sole responsibility of their parents.
4 to 5 pers.	€ 496	€ 331	€ 165	
Double room	€ 620	€ 413	€ 207	
Single Room	€ 793	€ 529	€ 264	

SMALL BUDGETS

If you are experiencing financial difficulties, you can benefit from a 20% reduction after agreement with the godo responsible for the session.

Condition: participating to the full session.

CONFIRMED ASSISTANT

> 50% discount

Here are the conditions:

- Do a minimum of 2 sessions
- Arrive the day before the first session and leave the day after the last session
- Be recommended by one of the AZI masters
- Have already participated in the association activities

IMPORTANT

For minors,

A parental authorization is required.

The 2024 AZI association membership is required: € 45 (€ 35 for small budgets).

Pets are not allowed.

TO BRING

For meditation

Loose-fitting, comfortable, dark clothing (black, brown, navy blue).
Meditation cushion (zafu).

For meals

Bowl, spoon, fork.
A cloth to wrap the bowl.
A small white cloth to wipe the bowl
or a set of *oryoki* if you have one.

A store is available on site, should you need these objects.

And also:

Sheets, a pillowcase.

Alternatively, sheets can be rented on site: €12.

Don't forget your water bottle!

REGISTER

Online:

www.zen-azi.org

By post: By returning the enclosed registration form.

For further information, please contact
02 54 44 04 86



Comment et quand arriver ?

By train

A shuttle service to the Gendronnière is offered from Onzain train station at 4.30pm. More information will be provided upon registration.
SHUTTLE BUS IS FREE, think green!

By car

- Take the motorway to Blois, then cross the Loire Bridge and follow the directions for Montrichard.
- At Candé-sur-Beuvron, cross the bridge, following the signs for Chaumont.
- After 200 meters, at the bend, drive straight on. The Gendronnière is 300 meters, at the top of the hill.
- 215 km from Paris, 15 km from Blois, 1 km from Candé-sur-Beuvron.

GPS coordinates:

- lat. 47,479392, long. 1,256427



REGISTRATION FORM

to be returned at least 10 days before the session to :
Temple zen de la Gendronnière 41120 Valaire – France

Mrs M.

Last name: First name:

Address:

Postal code: Town: Country:

Tel: E-mail:

Profession:

Monk Nun Bodhisattva First stay

I REGISTER FOR	Full Session	Preparation	Sesshin
Session broader sangha: July 31 to August 8	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Session led by Roland Yuno Rech: August 11 to August 19	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Session led by Gérard Chinrei Pilet: August 22 to August 30	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

ACCOMMODATION

Collective tent

Dormitory

Room for 4 to 5 people

Double room

Single room

I RESERVE THE SHUTTLE on the day of arrival.

Confirmation requested.

CHILDREN

0 - 3 years Free x

4 - 8 years € 99 x

9 - 15 years € 198 x

Accommodation is allocated according to the date of receipt of your registration and according to places available.

CONDITION OF PARTICIPATION: be up to date with your AZI 2024 membership fee.
PAYMENT on site by cash, credit card or cheque cleared in France only.



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▶ Association Zen Internationale



**ASSOCIATION ZEN
INTERNATIONALE**
FONDATEUR MAÎTRE TAISEN DESHIMARU



ÉCOLE ZEN SOTO